



# From you, For you.

## Platelet-Rich Plasma (PRP)

is concentrated platelets and white blood cells derived from your own blood.

Prior to your procedure, a small sample of blood is drawn. The blood is placed in a specialized centrifuge that will separate and concentrate your body's own natural healing agents, in less than 20 minutes. The Platelet-Rich Plasma (PRP) is then injected into the damaged area. The platelets activate and release growth factors, which in turn triggers your body to begin the healing process.

ASK YOUR DOCTOR WHETHER PLATELET-RICH PLASMA IS APPROPRIATE FOR YOU.

## Frequently Asked Questions

### What is PRP therapy?

PRP Therapy is a non-surgical alternative for patients experiencing persistent pain due to osteoarthritis, muscle strains, or injuries to tendons, ligaments, or joints.

### How many treatments are required?

Many patients find that a single PRP treatment brings them considerable relief of their painful symptoms, and that their improvement continues over time. However, up to three injections, spaced several weeks apart, may be required.

### How long do the results last?

PRP Therapy is intended to resolve pain by healing damaged tissue, so results could prove to be long-lasting. Initial improvements should be evident within the first few weeks following treatment, and continue throughout the healing process.

### Known Injection Applications for PRP

- Tendinosis / Tendinitis
- Rotator Cuff
- Muscle or Ligament Tears
- Tennis or Golfer's Elbow
- Plantar Fasciitis
- Joint Pain Caused by Wear and Tear